

BREAKFAST!



All Day Anglers Breakfast * £6.00

Any 8 items from the following: Sausage, egg, bacon, tomatoes, mushrooms, beans, hash browns, black pudding, bubble, 2 toast, fried bread, bread & butter.
Plus tea or instant coffee.

Standard English Breakfast * £4.50

Includes: Egg, bacon, sausage, beans, tomatoes + either 2 toast, fried bread or bread & butter. Plus tea or instant coffee.

Build your Own *

Hamburger (no bun)	£ 1.50
Sausage, bacon or mushrooms	£ 1.00
Egg, beans, bubble, black pudding, tomatoes, or hash browns	£0.80
Toast per slice	£0.60
Fried bread per slice	£0.60
Bread & butter per slice	£0.50
Chips	small £1.00 large £2.00
Egg (2) on toast	£3.00
Cheese on toast	£3.00
Beans on toast	£3.00

* vegetarian options
available for sausages and burgers

How To Find Redbridge Lakes



Situated off Roding Lane North, drive down the track between the garden centre and the cemetery to find the entrance gate that secures the wildlife.

Entrance is FREE, Simply push the button to reveal this tranquil green oasis and haven for wild life.

REDBRIDGE LAKES offers facilities for all, including disabled WCs and easy access to our Lakeside Café where the whole family can enjoy the outlook and have a bite to eat from our well fitted café that opens 7 days a week from 7 am.

For those who wish to have a try at fishing there is on site training including fishing tackle for both adults and children, (*children need to be accompanied by a responsible adult*).

For the more seasoned angler, a small membership fee along with an hourly rate will allow you to fish the 2 well stocked lakes including Tench, Crucians, Roach, Chub, Bream and Perch.

Free INTERNET Wi-Fi connection. Free Parking

PAT'S LAKESIDE CAFÉ



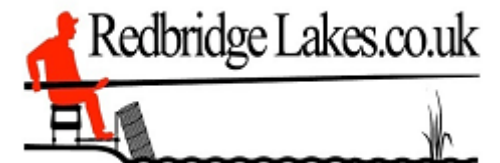
MENU



OPEN 7 DAYS A WEEK

From 7.00am – 4.00pm

Tel: 020 8551 5663



An Oasis in the heart of Woodford

MEALS



Omelette - <i>cheese, ham or mushroom</i> (<i>served with chips and beans or salad</i>)	£4.95
2 sausage, egg and chips*	£4.25
Ham and 2 eggs, with tomato	£4.50
Ham and 2 eggs with chips	£4.95
Fish and chips with peas	£6.95
Scampi and chips with peas	£6.95
Pie, chips and beans (<i>steak, chicken + mushroom, Cornish pasty,</i> <i>cheese + onion pasty</i>)	£4.95
Shepherds pie, chips and beans	£4.95
Hamburger, egg and chips*	£4.95
Chicken Kiev with chips and salad	£5.95
Lasagne and chips, with salad	£4.95
Soup – with baguette	£3.00

JACKET POTATOES

Cheese/beans/bacon and cheese/coleslaw	£4.00
Coronation chicken/tuna (mayo, sweetcorn or melt)	£4.20
Chilli con carne/prawn royale	£4.50
MAIN COURSE SALAD FROM	£5.50
SIDE SALAD	£2.00

**vegetarian options available
for sausage and burgers*

CHILDRENS MEALS



Chicken nuggets, chips and beans	£3.50
Sausage, chips and beans	£3.50
Fish fingers, chips and beans	£3.50

BAGUETTES



Cheese (and tomato/pickle)	£3.00
Bacon	£3.30
Bacon & egg/bacon & cheese/bacon, lettuce & tomato/ham & tomato/ham & cheese/cheese salad/tuna mayo/ tuna sweetcorn/tuna and cheese/coronation chicken	£3.50
Prawn Royale/chicken salad/ bacon and sausage	£3.70

SANDWICHES

as baguette less 50p

TOASTIES

as baguette less 20p

ROLLS

as baguette less 70p

PANINIS

£4.00

Freshly toasted - Cheese and mushroom /
Cheese and ham/bacon, Cheese and tomato /
Cheese, Pepperoni and tomato / mozzarella,
basil and tomato

PANCAKES

chocolate, strawberry or caramel
with cream £3.50
With ice cream £4.00

FRUIT SALAD, CAKES, DESSERTS,
ICE CREAM & CHOCOLATE
AS SHOWN ON DISPLAY

*PLEASE SEE DISPLAY
FOR "SPECIALS"*

HOT DRINKS



Americano/Flat White	£1.80
Cappuccino/Caffe Latte	£2.00
Mocha	£2.25
Espresso/Macchiato/Ristretto	£1.80
Instant Coffee	£1.20
Tea (black or white)	£0.95
Earl Grey Tea	£1.20
Green Tea (various)	£1.20
Peppermint Tea	£1.20
Hot Chocolate	£2.00
Milk	£1.20

COLD DRINKS

Juice (orange/apple)	£1.50
Ribena (carton)	£1.00
Cans (Coca Cola, Coca Cola Light, Sprite, Fanta)	£1.00
Mineral water (still/sparkling)	£1.00
Red Bull	£1.50
Fruit Shoot	£1.00